

**Courts and Ridges Lightning Swim Team  
Junior Coach Application**

Name \_\_\_\_\_

Age \_\_\_\_\_

Date of Application \_\_\_\_\_

Home Address

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Phone Numbers: (Home) \_\_\_\_\_

(Cell) \_\_\_\_\_

E-Mail \_\_\_\_\_

**SWIMMING EXPERIENCE**

Year Swimming \_\_\_\_\_ Skill Level \_\_\_\_\_

Achievements \_\_\_\_\_

**COACHING/LEADERSHIP EXPERIENCE**

Describe coaching/leadership experience related to swimming.

**CREATIVE IDEAS** you would bring to the Assistant Coach role (Describe):

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Known Vacation/Camps** (use reverse side):

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Interested in being a assistant coach for \_\_\_\_\_ Morning Practice (to include 15 minutes before start of practice).

Interested in being a assistant coach for \_\_\_\_\_ Afternoon Practice (to include 15 minutes before start of practice).

Able to Come On: \_\_\_\_\_ Mon \_\_\_\_\_ Tues \_\_\_\_\_ Wed \_\_\_\_\_ Thu \_\_\_\_\_ Fri

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**WORK EXPERIENCE (in order from most recent )**

Provide Employer Name, Position, Title, Employer Address, Phone Number and Dates of Employment. Use Separate Stapled Paper if needed.

**REFERENCES**

List three (3) employer or character references, **other** than friends and family members.